



DUBAI 2 DAY ADVENTURE

48 Hours in Dubai

A Mother & Daughter Wellness & Luxury

EscapeStay: The Retreat Palm Dubai MGallery, East Crescent, The Palm

Vibe: Rejuvenation, High-End Shopping & Desert Magic

Travel Tips from Suzi @ Nothing Ventured

- Embrace the "Soft All-Inclusive" Vibe: Since your hotel is an alcohol-free wellness resort, lean into the detox! Enjoy the signature Rayya Spa treatments and fresh juice bar before heading out for the day.
- **The September Strategy:** The heat is at its peak between 11:00 AM and 4:00 PM. We have scheduled indoor "mall and museum" time during these hours to keep you cool.
- **Getting Around:** Since The Retreat is on the far end of the Palm's Crescent, use the hotel's shuttle or the Careem app (local Uber/Taxi) to reach the "trunk" of the Palm or Downtown.
- **Dress Code:** Carry a light pashmina or cardigan. While it's hot outside, the AC in the malls and Burj Khalifa can be quite chilly!

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Day 1: Downtown Glitz & Fountain Dreams

- **Morning: Wellness Start & The Palm Views**
 - Enjoy a healthy buffet breakfast at Vibe in the hotel, overlooking the Gulf.
 - **10:00 AM:** Head to **The View at The Palm**. It's only a 15-minute drive from your hotel and gives you a **360-degree bird's-eye view** of the island you're staying on.
- **Lunch: Fashion & Flavours**
 - Head to **Dubai Mall** (the world's largest). Have lunch at **Huqqa or GIA** on the Fashion Avenue terrace, they offer air-conditioned outdoor seating with views of the Burj Khalifa.
- **Afternoon: High-Altitude Tea & Shopping**
 - **3:00 PM: Experience At The Top - Burj Khalifa.** It's the perfect time to avoid the midday sun while seeing the city from the 124th floor.
 - **4:30 PM:** Indulge in some retail therapy. Don't miss the **Dubai Aquarium** (the massive tank inside the mall) and the Gold Souk extension for some window shopping.
- **Evening: Dinner by the Dancing Fountains**
 - **7:00 PM:** Book a table at **Thiptara** (Thai cuisine) for the best views of the **Dubai Fountain Show**. The water jets dance every 30 minutes to music, it's a truly magical mother-daughter memory.



Day 2: Heritage, Harbours & High-End Views

- **Morning: Culture & The Creek**
 - **9:00 AM:** Start at Al Fahidi Historical Neighbourhood. Wander the sand-colored lanes and wind towers for those classic "Old Dubai" photos before the heat peaks.
 - **10:30 AM:** Cross the water on a Traditional Abra (only 1 AED). It's a breezy, 5-minute iconic journey—perfect for a quick video of the dhows.
- **Lunch: The Secret Garden**
 - Dine at the **Arabian Tea House**. With its white-and-blue decor and shaded canopy, it's a peaceful, photogenic sanctuary.
- **Afternoon: A Journey to the Future**
 - **1:30 PM:** Head to the **Museum of the Future**. Spending the hottest part of the day inside this architectural marvel is a "must".
- **Late Afternoon: Sunset at Al Seef**
 - **4:30 PM:** Take a short taxi back to the **Al Seef District**. This is a "new-meets-old" waterfront promenade designed to look like an ancient village.
 - **The Shot:** The "Starbucks at Al Seef" is world-famous on Instagram!
- **Evening: Luxury Dhow Dinner Cruise**
 - **7:00 PM:** Board a **Premium Dhow Cruise** departing directly from Al Seef. Enjoy a 2-hour glide along the moonlit Creek. You'll see the illuminated skyline of Old Dubai, traditional dhows, and the shimmering lights of the Rolex Towers.

Whatever you do, if you see something inspiring or have tips from your trip, make sure to #nothingventured or @nothingventured_travel to keep all our customers in the know!